

gourmet **CAPITAL**



Gastronomy is king in Paris. Restaurants provide varied and refined menus to tempt the palate. And there are numerous delicatessens, caterers, bakers, wine merchants, butchers, confectioners, pastry cooks and grocers in every area of the city with delicious produce to take away.

Choosing a restaurant

For *grande cuisine*, there are the Michelin-starred top gastronomic restaurants or, more affordable, restaurants opened by chefs of French cuisine. Another trend is for *table d'hôtes* and canteen restaurants. Here one eats shoulder to shoulder with others, passing the salt and exchanging conversation over lunch, a wok or enormous open sandwiches.

More typical, the brasseries – some of which are very chic –, bistros, and wine bars serve up regional, traditional and country cooking. They are alone worth a visit for their old-style decor and so Parisian blackboard, where menus and dishes of the day are chalked up.

Cosmopolitan restaurants and markets

Around the rue des Rosiers, grocery stores and restaurants serve up kosher, European and oriental specialities. In the vicinity of the passage Brady, you will find India; China and the flavours of south-east Asia in the 13th and in Belleville; Japan in and around rue Sainte-Anne; tajines and couscous in Ménilmontant; South America on the montagne Sainte-Geneviève, and Africa and the West Indies in the Château-Rouge district.

Cooking and wine lessons

Cookery workshops teach students the clever tricks of the trade of French chefs and the famous “savoir-faire” of our grandmothers. Savoury, sweet, basic or inventive, authentic, and exotic, private lessons or as a group: the choice is yours! And as a good dinner is always accompanied by a fine wine, there are courses in oenology to reveal the secrets of wine tasting. The science of wine is no longer just the preserve of a few experts. Selection of addresses at parisinfo.com, rubric “Practical Paris, learning in Paris, gastronomy courses” and in the brochure Paris se visite/Visiting Paris.

Fine food stores

Here, you will find fresh, top-quality products, regional specialities and delicacies from all over the world.

Fauchon

26, place de la Madeleine (8th).
M° Madeleine.
Tel: 01 70 39 38 00.
www.fauchon.com
Luxury food store.

Lafayette Gourmet

40, bd Haussmann (9th).
M° Chaussée-d’Antin – La Fayette. RER: Auber.
Tel: 01 42 82 34 56.
www.galerielafayette.com
A reference for gastronomy in Paris.

Lenôtre

15, bd de Courcelles (8th).
M° Courcelles.
Tel: 01 45 63 87 63.
www.lenotre.fr
12 shops in Paris.

Caterers

These high-class establishments will give your soirées a festive touch with petits fours, foie gras and champagne. Culinary dishes, gâteau and fine wines are chosen on the premises or ordered and then delivered. As an optional extra: waiters, wine waiter and even decoration at your home! Selection of addresses at parisinfo.com, rubric “Restaurants & Cafés”.

Cheese or dessert?

Both! Cheese sellers offer a large selection among the 400 varieties of French cheeses, accompanied by bread made in the traditional way or a crusty baguette. Confectionery, ice-cream and fine chocolate also have specialist shops.

As for Parisian patisseries, they are famous for their deliciously tempting cakes and pastries to take away or enjoy at the shop, accompanied by a cup of tea or a hot chocolate.

Streets of fruit and vegetable sellers

Some streets are packed with good things and fresh produce. Among these are the rues de l'Annonciation, Daguerre, Lepic, des Martyrs, Lévis, Montorgueil, Mouffetard and Poncelet.

Choco-Story – Le musée gourmand du Chocolat

28, bd Bonne-Nouvelle (10th).
M° Bonne-Nouvelle.

Tel: 01 42 29 68 60.

www.museeduchocolat.fr

Daily: 10am–6pm.

€9 – RR: €6, €8.

A journey into the history and secrets of chocolate making.

Delicious and tempting ... a tasting is a must!

Gourmet shopping

Boutique Les Caves Taillevent

199, rue du Faubourg-Saint-Honoré (8th).

M° Charles-de-Gaulle – Étoile.

Tel: 01 45 61 14 09.

www.taillevent.com

Tastings, wine evenings.

Selection of 1,300 wines from €5.

BEAUJOLAIS NOUVEAU

Every year around mid-November, the arrival of Beaujolais Nouveau wine is celebrated in all the cafés, bars and restaurants of Paris. People get to know each other at the bar or at neighbouring tables in a festive atmosphere while tasting this wine, which comes from the Gamay Noir à Jus Blanc grape variety.

Find out more at: www.beaujolais.com

C'est Byzance

27, rue Yves-Kermen.

92100 Boulogne.

Tel: 01 46 09 02 28.

Cellar of Iberian hams from France, including the famous Bellota-Bellota® ham.

De Vinis Illustribus

48, rue de la Montagne-Sainte-Genève (5th).

M° Maubert-Mutualité.

Tel: 01 43 36 12 12.

www.devinis.fr

Large choice of old wines; collectors' bottles ...

Wine tastings.

Jabugo Ibérico

11, rue Clément-Marot (8th).

M° Champs-Élysées-Clemenceau.

Tel: 01 47 20 03 13.

www.bellota-bellota.com

Offers the best in Spanish gastronomy.

Le Marché des Gastronomes

9, place Pigalle (9th).

M° Pigalle.

www.lemarchedes

gastromomes.com

New concept for food retailing which groups together a minimarket, an organic shop, a fine food store, a wine store, a caterer's and a butcher's.

Maison

Ryst Dupeyron

79, rue du Bac (7th).

M° Rue-du-Bac.

Tel: 09 54 39 72 78.

www.vintageandco.com

Vintage wine and alcohol.

Nicolas stores

www.nicolas.com

Wine specialist.

• Bercy village Chai n°24 (12th).

M° Cour Saint-Émilion.

Tel: 01 44 74 62 65.

• 31, place de la Madeleine (8th).

M° Madeleine.

Tel: 01 42 68 00 16.

• 17, av. de l'Opéra (1st).

M° Pyramides.

Tel: 01 42 96 05 31.

• Rue Saint-Honoré.

189, rue Saint-Honoré (1st).

M° Tuileries.

Tel: 01 42 60 80 12.

EVENT

Montmartre wine harvest

The arrival of the latest vintages from the Butte's vineyard has been celebrated since 1935, on the second weekend of October. At the intersection of rue Saule and rue Saint-Vincent there exists a small hillside of vines, a remnant of the former vineyards of the Butte Montmartre. Tastings, traditional parades, brass bands and special attractions take over this Montmartre village during this hugely popular and colourful festival. www.fetedesvendangesdemontmartre.com